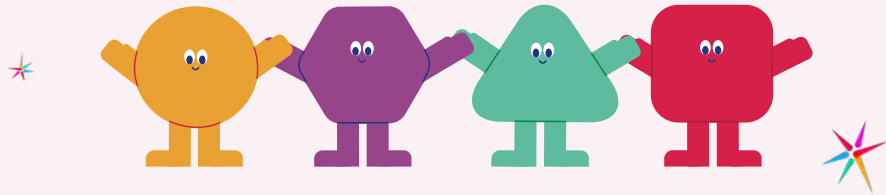


Let's



♥ **GROW** ✨  
sparkler **BABY** ✨



## WELCOME

Welcome to “Let’s Grow, Sparkler Baby!” Sharing this book with your baby is a simple, cozy way to support your baby’s early development.



## ABOUT US

Sparkler is a mobile app, provided for FREE by the Connecticut Office of Early Childhood. Sparkler helps parents with young children (prenatal-5) check on their children’s early development and spark early learning through play. Access support from 211 Child Development, Help Me Grow CT, and programs across the state.

Questions about your baby’s development? Learn more at [playsparkler.org/LetsGrowCT](https://playsparkler.org/LetsGrowCT) or email [support@playsparkler.org](mailto:support@playsparkler.org). Connect with 211 Child Development via Sparkler in the app under “Connect” or call 1-800-505-7000.

211

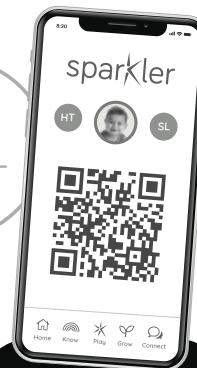
Child Development

Help Me Grow  
Connecticut

CONNECTICUT  
Early Childhood

Get Sparkler!  
Sign up with code CT  
or your program’s code:

Available in English, Spanish,  
Chinese, French, and Arabic



### Try This!

Point to the stars and sing “Twinkle, Twinkle, Little Star” to your baby. Your voice is a source of comfort and can help develop your baby’s communication skills.



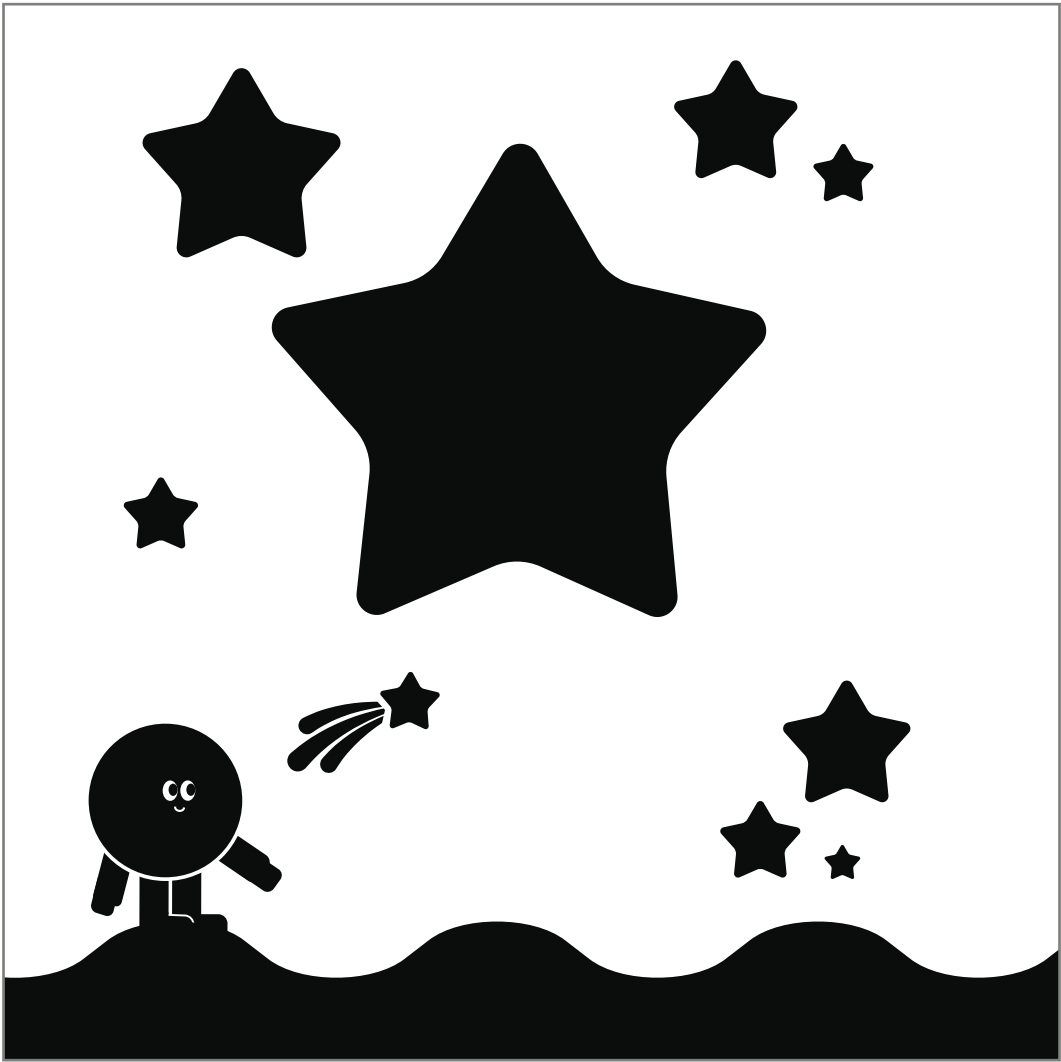
SCAN ME for more activities!



Twinkle, Twinkle!  
(Words, Body)

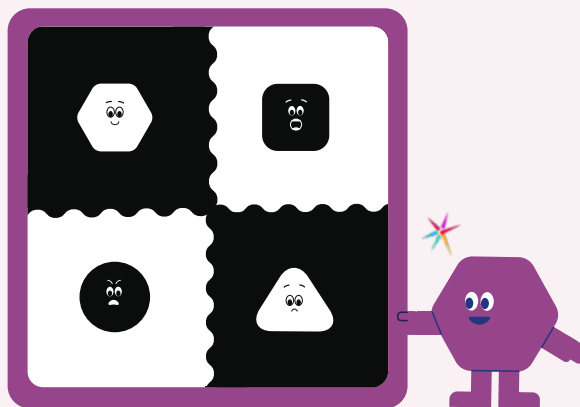


Reach for the Moon  
(Words, Mind)



### Try This!

Point to each face and label the feeling; then, make that face for your child. Copying and talking about facial expressions helps babies learn to recognize feelings in themselves and others.



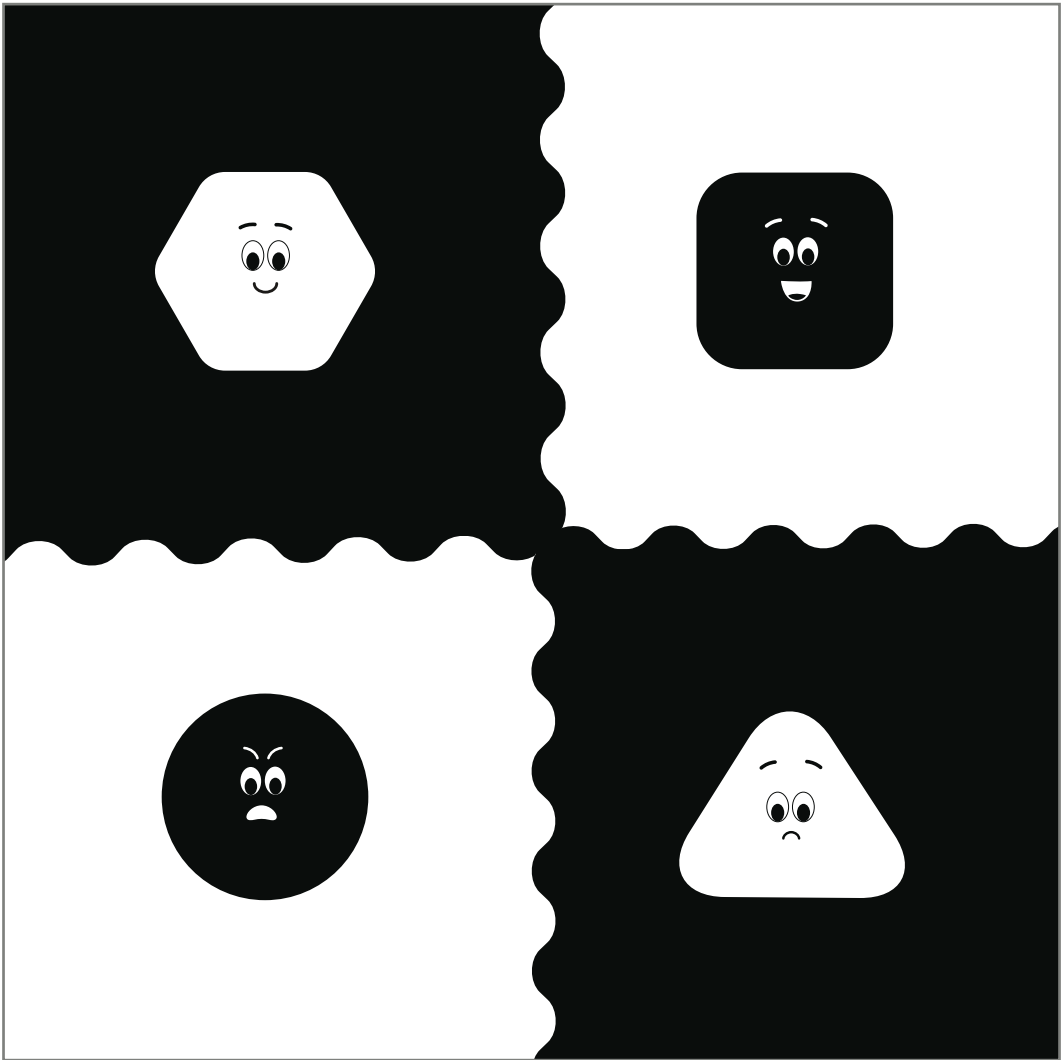
SCAN ME for more activities!



Feelings Mirror  
(Heart)

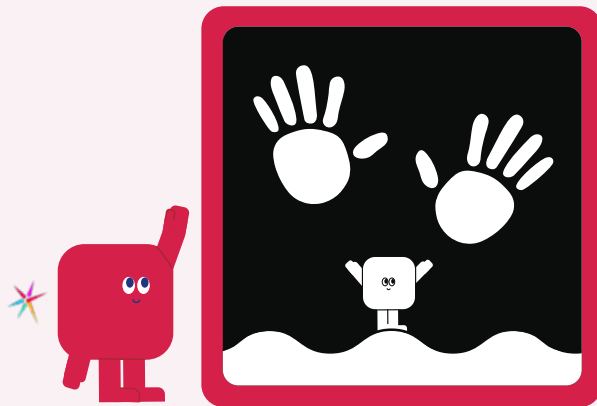


Scared Face,  
Brave Face  
(Heart, Words)



### Try This!

Point to the picture and count the fingers. Say, "Ten fingers." Then, count the fingers on your baby's hands. Saying and repeating words and numbers will boost your baby's vocabulary and memory.



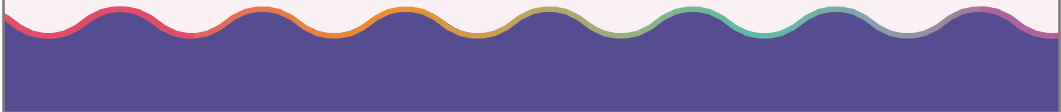
SCAN ME for more activities!

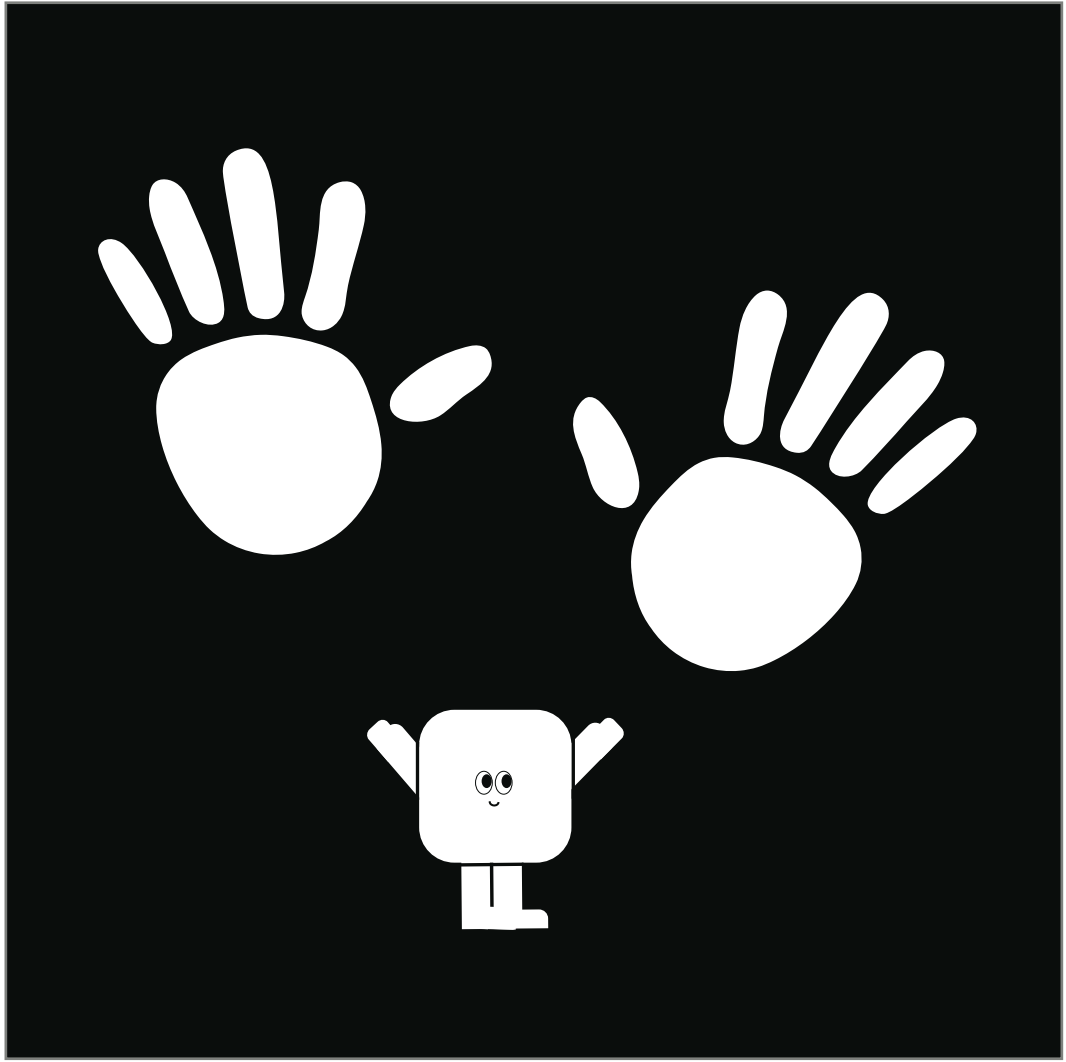


These are  
Baby's Fingers  
(Words, Heart)



Spa Day  
(Words, Mind)

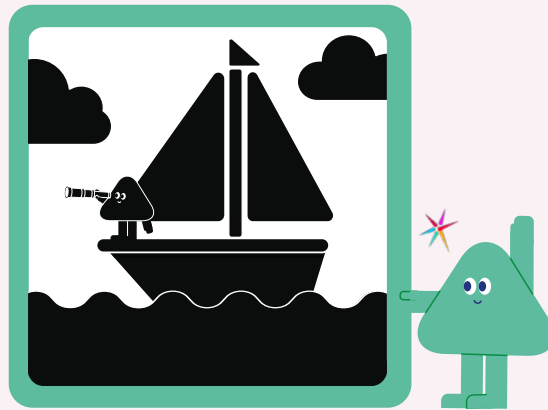






### Try This!

Point to the image and say, "Boat!" Sing "Row, Row, Row Your Boat," and point to the image each time you get to the word. Music helps babies learn new vocabulary and start to recognize patterns.



SCAN ME for more activities!

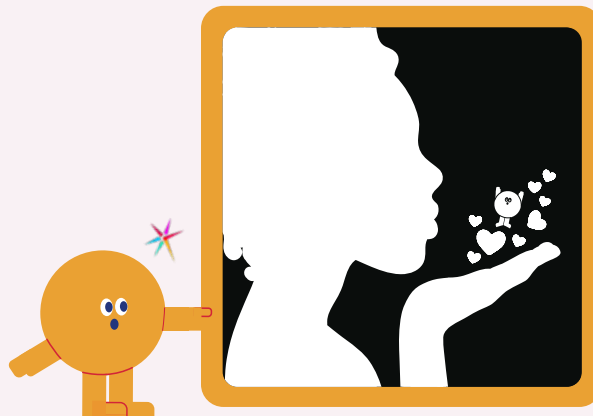


Find the Shapes  
(Mind, Heart)



### Try This!

Take some deep breaths in and out as you place your hand on your baby's rising and falling belly. Taking care of YOUR body will help you relax and take better care of baby.



SCAN ME for more activities!



Heart Yoga  
(Body, Heart)

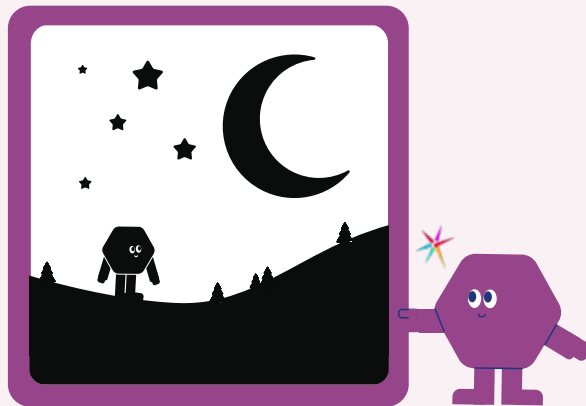


Jazzy Bubbles  
(Heart)



### Try This!

Play the bedtime blink game to signal to your little one that it is time for sleep. Say, "Close your eyes like the moon is winking at you. Open...and close...and open, just like that. Can you feel how soft the world is getting? You are safe, you are loved. Sweet dreams!"



SCAN ME for more activities!



Nighty Night  
(Heart, Mind)



Night Walkers  
(Heart, Body)

