

# How's Your Child Doing?

**The SF Department of Early Childhood is providing FREE parent/child playgroups, in partnership with local schools and community organizations.**

Sparkler Learning, in partnership with the National Center for Families Learning, created the Play With Purpose playgroup program to help parents and caregivers learn effective ways to play and engage with their babies and toddlers to promote healthy early learning and development.

In San Francisco, parents can find Play With Purpose playgroups at the following local organizations:



## What to expect:

- Nine weekly sessions with parents/caregivers and their 0-36 month old children
- Families learn fun, easy ways to play and learn with their children
- Families set goals for parenting and children's early learning
- During each session:
  - Parents/caregivers **learn a new skill**
  - Parents/caregivers and children **practice a new play activity** related to the skill
  - Families **receive a new book and toy** related to the skill of the week
- Families can use the Sparkler mobile app to connect with their facilitator and access support between sessions
- Families can connect with other local families with young children



# Birth-3 Playgroup Overview

## Week 1 – Welcome

Learn about the Play with Purpose program and how to use the Sparkler mobile app to support early learning and development. Complete the ASQ developmental screening using Sparkler to check in on your child's development. Start setting goals for family learning for the PWP program.

## Week 2 – You & Me Together

Learn different ways children ask to play. Learn to read stories several times.

## Week 3 – Books Build Brains

Explore three different ways to have fun with children while reading. Snuggle with your child and enjoy books by asking open-ended questions.

## Week 4 – Let's Play!

Explore the different ways children can learn through imaginative play. Discover different ways to talk about everyday items. Use reading time to talk about imaginative play in books.

## Week 5 – Feelings

Recognize and name the emotions a child may feel. Practice during playtime and shared reading by using the book and mirror provided. Explore reading with expression during shared reading time, and wondering aloud about how a character is feeling.



## Week 6 – Sensory Adventure

Learn ways to provide new sensory experiences to children in each of the seven senses: seeing, hearing, smelling, tasting, touching, balancing, and positioning in space. Choose books that will interest your child.

## Week 7 – More or Less

Build with blocks and stack or sort other objects. Learn how to add math talk with your child into your day. Talk about pictures in a book while you read with your child.

## Week 8 – Sleepy Time

Make a bedtime routine that is personalized for your family, using some of the ideas from this week's session. Use rhymes and rhythms in books to make reading more fun for your child. Complete the ASQ in the Sparkler app as well as the Parent Survey.

## Week 9 – Celebrate!

Be able to find resources for your child in the community, and know where to go for support. Ask your child open-ended questions (who, how, what, etc.) about what they read. Complete the ASQ in the Sparkler app as well as the Parent Survey.