



Listening Time:



25:30

SEASON 4 , EPISODE 3

FAIRNESS

Fairness has played a pivotal role throughout history, with the pursuit of equality and justice helping to shape the world that we live in today. Fairness also plays out in our everyday lives and in the lives of children as they grapple with real-life moments that feel “unfair.” “Fairness” in the context of social and emotional development refers to a child's growing ability to treat others equitably and considering the needs and perspectives of others. The idea of “fairness” pops up in taking turns, sharing, and making decisions.

In this episode, three 6-8 year old children, Bodhi, Aubrey, and Will, visit with Todd to talk about fairness. They then travel to the Land of Qook-a-lackas to help two Qook-a-lacka friends — Principal Quella and Korrik, the President of the Qook-a-berry Preservation Society — to restore fairness to the Land through a process of “qook-a-lation.” The kids listen to both sides of a conflict, ask questions, and then suggest fair solutions.

Through these play activities, children will practice identifying “fair” and “unfair” situations and then practice taking turns, which helps to build fairness.



Little Kids, Big Hearts Podcast

Learning Extensions

Fair Or Unfair?

1st-3rd Grade



Goals

- ♥ Build flexible thinking skills.
- ♥ Practice noticing patterns.
- ♥ Build communication skills.

Instructions



Play the Episode

If the class has not yet listened to the “Fairness” episode of Little Kids, Big Hearts, start by listening! It's wherever you listen to podcasts. Learn more (or listen) at playsparkler.org/podcast.

Materials



Get Ready! Here's what you'll need:

- ♥ Fair/Unfair Worksheet
- ♥ Scissors
- ♥ Tape

Discussion



Let's talk about fairness!

- ♥ Who can share an example of something that felt unfair? It could be something related to schoolwork or siblings or chores or bedtime...!
- ♥ How did it FEEL when something unfair was happening?
- ♥ Who can you ask for help when things are unfair?
- ♥ What are some things we can do to make our families and our school more fair?

Activity



Let's play a game where we talk through different scenarios and then decide if they're fair or unfair. I'll pass out some situations to each group of partners.

- ♥ Please pair up.
- ♥ I'll pass out different scenarios to each group.
- ♥ Discuss your scenarios with your partner: Is it fair or unfair?
- ♥ Then we'll draw a fair/not fair chart on the board, and you can come and put your scenario on the fair side or unfair side.
- ♥ Does everyone agree about the placement? Let's explain what we were thinking and discuss!



Fair or Unfair?

You and your sibling take turns picking the family movie. It's your sister's night and she chooses a movie you hate.

One sibling is 10 years old and gets to go to bed at 8:30 PM. The other sibling is 6 years old and has to go to bed at 7:30 PM.

You go on a class trip to a museum that does not have a working elevator, so your classmate in a wheel chair can not participate.

You audition for the school play and your best friend gets the part you wanted.

Some students are assigned homework while others are not.

Everyone in class is allowed to have free time once they finish the assignment.

Your best friend has a playdate with another friend and does not invite you join them.

You get to go to a birthday party and eat cake while your sibling has to stay home.

When you get to art class, you see another student is sitting at your favorite easel.

At a class party, your classmate brings a variety box of snacks. When it's your turn to choose, the only option left is something you don't like.

Your teacher does not allow snacks in class, but one of your classmates has a medical condition and they are allowed to have a snack whenever they want.

In a game, one student always lets another win to avoid hurting their feelings, even if the other student didn't earn the win.

You are taking turns playing with a toy and you accidentally break it while starting your turn.

The book you want from the library has not been available for a few months because the previous child forgot to return it.

You really wanted Pokemon Cards for your birthday and told everyone, but opened your presents and didn't get any.

You are invited to a sleepover but your parents do not think you are old enough to spend the night, so you have to leave the party early.

The teacher helps a student who broke their leg by carrying their belongings to/from classes, but everyone else has to carry their own bags.

The PE teacher notices a student is breaking the rules, such as not tagging others, but chooses not to address it because the student is good at the game.

A teacher always organizes kids by size order, so the tallest student always is always in the back of the line.

During recess two captains choose teams- you are the last kid picked.

Every student takes a turn bringing home the class pet.

When you play Monopoly with your sister, she always wins.

A teacher gives extra recess to those who finish their work quickly, even though others tried their best.

Two siblings each get two cookies. One eats both cookies right away, while the other saves theirs for after dinner. Later, the first sibling wants a third cookie after dinner.



Fair or Unfair?

Fair

Unfair



Little Kids, Big Hearts Podcast

Learning Extensions

My Turn, Your Turn!

Pre-K - 3rd Grade



Goals

- ♥ Build communication and listening skills.
- ♥ Develop relationships with peers.
- ♥ Practice taking turns, which helps people build communication skills and understand fairness.

Instructions



Play the Episode

If the class has not yet listened to the “Fairness” episode of Little Kids, Big Hearts, start by listening! It's wherever you listen to podcasts. Learn more (or listen) at playsparkler.org/podcast.

Materials



Get Ready! Here's what you'll need:

- ♥ Blocks or other items children can stack.

Discussion



Taking turns can be hard, but it's important. Let's talk about it!

- ♥ When was a time you had to take turns with someone else?
- ♥ Was it hard or easy?
- ♥ How did you feel as you were taking turns?
- ♥ What are some words you can say if you want a turn to try something?

Activity



We're going to play a turn-taking game to practice taking turns with one another.

- Let's each find a partner and go with your partner to a pile of blocks.
- One person: Start building a tower by placing a block on the ground.
- Then it's the second person's turn.
- Go back and forth, each adding one block to the tower.
- Let's take turns and work together.
- How tall can we build our tower? (If ours falls down, we can try again.)